



The standard for comprehensive wilderness & adventure therapy



Adventure Therapy as a centerpiece of a program to explore personal growth and change.

- Base camps complete with yurts or geodesic domes, cots, cooking shelters.
- Therapist “in the field” with clients four days per week.
- Individual therapy 2 times per week. Group therapy 4 times per week.
- Weekly equine therapy to develop healthy relationships and improved communication.
- Comprehensive Family Systems program with 4 day family workshop.
- Includes family therapy via phone/video.
- Comprehensive academic and career interest inventory (Pulsar group)
- Rock Climbing
- Backpacking
- Mountain Biking
- Canoeing
- White Water Rafting
- Cross Country Skiing
- Snowshoeing
- Hiking
- Horsemanship
- Caving
- Historical Outings
- Service Projects
- Yoga
- Meditation & Mindfulness

**Guidance • Self-esteem Building • Communication Skills • Unplug • Clarity
Executive Functioning Strategies • Self-awareness • Life Changing**

www.bluefirewilderness.com  208.610.3232

Meet the Clinical Team • Unique Age Groups

ADOLESCENTS BOYS: 14-17



Jon Worbets, MA LCPC

Clinical Director/ Founder

Specializing in:

- Behaviorally difficult
- Depressed/ anxious
- Co-occurring disorders
- Intelligent but failing in school or socially
- Substance use & abuse

Training/ Experience

23 years working with adolescents in private, residential, and wilderness settings. • Extensive training in working with oppositional defiant and conduct disorder • Training in EMDR, Hokomi, motivational interviewing, Dialectical behavioral therapy, conflict resolution, substance abuse treatment



Charles Hancock, LCPC

Primary Therapist

Specializing in:

- Depression and Anxiety issues
- ODD
- Social/relationship struggles
- Struggles with attention/focus
- Significant struggle in family dynamics
- Trauma

Training/ Experience

20 years experience as an LCPC • 7 years experience in a residential treatment facility counseling teens and families • A Masters Degree in Counseling • Extensive medical experience and training in wilderness settings • Certified in hypnotherapy



Ted R Bost, III, LPC

Primary Therapist

Specializing in:

- Behaviorally difficult
- Trauma
- Depressed/ anxious
- Co-occurring disorders
- Intelligent but failing in school or socially
- Autism Spectrum

Training/ Experience

Undergrad B.S. Parks and Recreation Management/Outdoor Leadership, 6+ year long career as field instructor in wilderness therapy, Masters in Clinical Mental Health Counseling with a focus on addictions treatment, EMDR level 2

EMBERS: BOYS: 11-15



Mark Ellis, LCSW

Primary Therapist

Training/ Experience

- Career focus on improving family systems & parent/child relationships
- 9+ years wilderness therapist
- Client expertise is in pre-teen and early teen boy challenges

Specializing in:

- Depression/Anxiety
- Low Social Functioning
- Oppositional Behavior
- Video Game/ Internet addiction
- Autism Spectrum
- Attachment Theory
- Family Systems

PULSAR: ALL GENDERS AGES 18-28



Jake Tucker, LCPC

Primary Therapist

Training/ Previous Experience

Licensed Clinical Professional Counselor
High school teacher
M.A. in Marriage and Family Counseling
Clinical Supervisor
Primary therapist at a therapeutic boarding school
Registered clinician supervisor with the state of Idaho

Specializing in:

- EMDR
- Mindfulness
- Trauma or related issues
- Attachment issues
- Emotion-Focused Therapy for couples and families
- The Community Resiliency Model
- The Anatomy of Peace

EMBERS: PRIMARILY IDENTIFIED FEMALE: 11-15



Paul Eugene Goddard, Ph.D

Clinical Psychologist/Primary Therapist

Training/ Previous Experience

Licensed Clinical Psychologist
Wilderness Therapist • Testing Psychologist
Clinical Director • Executive Director for adolescent treatment programs

Specializing in:

- Trauma and abuse
- Adoption and attachment issues
- Depression and anxiety
- Mild substance use
- Gaming and screen addiction
- Learning difficulties
- Attention deficit
- Autism Spectrum
- Oppositionality
- Low self-confidence

PRIMARILY IDENTIFIED FEMALE: 13-17



Lindsay Myrick, LPC

Assistant Clinical Director/Therapist

Training/ Experience

- Licensed Professional Counselor
- Wilderness therapy instructor
- Commercial hiking and rock climbing guide
- Ropes course and adventure facilitator for adolescents and adults

Specializing in:

- Depression /anxiety
- Trauma
- Family Systems
- Oppositional behavior
- Low Self Esteem
- Drug and Alcohol use/abuse

Advanced EMDR trainings in implicit memory/early childhood trauma and mindfulness based interventions in EMDR adventure facilitation experience

- BS in Economics
- BA in International Studies with a focus in Japanese and environmental studies



Kathy Rex, CTRS

Executive Director & Founder



Reid Treadaway

Director of Admissions & Founder



Jeremy Chiles, PhD
Consulting Psychologist



Jeff Johnson, PA
Psychiatric Consultant



Johnny Urrutia
EAGALA Certified Level II
Equine specialist
ID Rodeo Hall of Fame Inductee



Morri Fager
Admissions



Don Thompson
Admissions



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