



Job Description for Milieu Therapist

Summary

Reports to Primary Therapist for the group and Assistant Clinical Director and ensures that mental health treatment services are provided in a way that maximizes client independence and family empowerment; provides individual and group counseling services to assist individuals in achieving more effective personal, social, and educational development and adjustment.

Essential Duties/Responsibilities

- Provides individual, group, and family therapy.
- Participates in interdisciplinary treatment planning.
- Evaluates data to identify causes of problems of individuals and to determine advisability of counseling or may refer to other specialists or institutions.
- Conducts counseling or therapeutic interviews to assist individuals to gain insight into personal problems, define goals, and plan action reflecting interests, abilities, and needs.
- Provides occupational, educational, and other information to enable individuals to formulate realistic educational and vocational plans.
- Follows up results of counseling to determine reliability and validity of treatment used.
- Documents in medical record according to requirements of company and regulatory agencies.
- Provides crisis intervention consultation.
- May be required to provide a minimum number of hours weekly, as specified by supervisor or director.
- May teach various educational classes (parenting, domestic violence, anger management, etc.) and provide on-site therapy.
- Participates in program development and staff in-services.
- Performs administrative functions consistent with the needs of the program.
- Participates in scheduled meetings and training as required.
- Supervises client care and ensures physical and emotional safety.
- Ensures the appropriate utilization and teaching of course curriculum.
- Conducts assigned therapeutic training of instructors.
- Conducts and directs program-specific experiential group activities as assigned.

Milieu Role

SCHEDULE

- This role is Tuesday through Saturday. (If all sessions and groups are completed for the week, can use Saturday to complete remaining paperwork off-site)

“Inspiring and guiding others to a place of self-discovery and personal resolve to achieve great success.”



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- Participate in co-therapy/co-lead groups with Primary Therapist
- 2 hour-long groups and 1 hour-long individual session per client
- Attend adventure or expedition with group (Thursdays/Fridays)
- Staff coaching/training and pulling staff into therapy sessions as needed
- Weekly supervision
- Attend weekly clinical meetings and monthly all staff meetings
- Facilitate and process equine therapy during week and at family spark
- Ensure group is seen a minimum of 4 days per week by a therapist
- Provide on-call coaching and support Thursday evening to Sunday morning

TASKS

- Weekly progress notes
- Weekly updates to Primary Therapist
- Update risk tracking forms for client safety levels
- Academic support for students
- Sign off on weekly goals
- Treatment plans and discharge plans
- Participate in family spark including, family session, sculpting and prepping client as feasible

Level of Supervision

Given

Supervises the work of field staff; may provide input for consideration in professional development and training; participates in evaluations of field instructor performance related to the clinical component of the program

Received

Works under supervision of Primary Therapist and Assistant Clinical Director; consults with higher levels of management on the more difficult and complex phases of work.

Business Contacts

Internal

Human Resources, office and peer staff, Field Instructors, logistics, department managers, and Executive Director.

External

Therapists/counselors, schools, parents, teachers. Milieu may contact educational consultants or other referral sources at the request of the primary therapist.

Educational/Licensing Requirements

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Education or Equivalent Master's degree from accredited school in social work, psychology, counseling, marriage and family therapy or related field. May accept those enrolled in a Masters program based on experience.

Certificates/Licenses Must be able to pursue licensure as a mental health professional in the state of Idaho. Prefer licensed LCSW, MFT, LPC, or Psychologist, although milieus may be pursuing licensure; first aid and CPR preferred; must have AEGIS Crisis Intervention training or equivalent training in the past 12 months, will provide training for those who do not have it at the time of hire; valid driver's license required.

Knowledge, Skills, & Experience

Minimum of one year of experience with inpatient, outpatient, and/or mental health care; must have direct clinical and case management experience, group leadership experience, and knowledge regarding rehabilitation philosophy; strong clinical and interpersonal skills, ability to lead and direct work of others, and excellent written and verbal communication skills; intermediate level PC skills; previous experience in a wilderness therapy program or adventure therapy preferred.

Physical Requirements

Carrying up to 60 pounds, reaching, bending, and climbing; physically capable with ATV's, snowmobiles, and 4-wheel drive vehicles; walking and hiking great distances (6-10 miles) likely.

Decision-Making Responsibilities

Includes best judgment regarding the immediate physical health, safety, and welfare of participants; coordinates outside care as needed; plans own time in carrying out assigned duties; conducts appropriate student assessments and follow-up recommendations; responsible for deciding treatment plans for clients, reacting decisively in emergency situations and crisis intervention.

This description is intended to describe the general nature and level of work being performed. It is not an exhaustive list of all duties, responsibilities, and requirements. Other functions may be assigned, and management retains the right to add to or change the duties and responsibilities at any time.

Print Name

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Job Description for Milieu Therapist

Signature

Date

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